



# Hoover Dam Trip

## Itinerary

### Thursday

- **2pm:** Meet at Canyon Paddle - pack van  
14126 E. Buffalo St., Gilbert 85295
- **7pm:** arrive at campsite, set up tents, dinner

### Friday

- **5am:** take down tents, pack up
- **6am:** organize gear, inflate at Willow Beach. If you are meeting us, you meet us at Willow Beach
- **7am:** shuttle to Hoover Dam Lodge
- **8am** Security check/shuttle pick up for Hoover Dam entrance.
- **9am-noon:** explore sauna caves, hiking areas
- **Between 2-4pm:** arrive at campsite, set up camp, explore hot springs
- **7pm:** dinner, campfire, games

### Saturday

- **6am:** breakfast, break down camp
- **7am:** leave for Emerald Cave, Ruins, Willow Beach
- **11:30am:** pack up at Willow Beach
- **12:30pm:** stop at Hoover Dam/Lunch
- **2pm:** leave for Gilbert
- **6pm:** arrive back at Canyon Paddle  
14126 E. Buffalo St., Gilbert 85295

## Packing List

- ✓ Kayak or iSUP/paddle/fin
- ✓ PFD
- ✓ swimsuit
- ✓ towel
- ✓ change of clothes
- ✓ sunglasses/hat
- ✓ dry bags
- ✓ straps to tie bags to board
- ✓ 1 gallon drinking and cooking water (we bring a filter if more water is needed)
- ✓ snacks
- ✓ breakfast, lunch, dinner  
Friday, breakfast Saturday
- ✓ jet boil (optional – we bring one to share)
- ✓ small sleeping bag
- ✓ tent
- ✓ backpacking/small chair (optional)
- ✓ water shoes/flip flops
- ✓ toiletries
- ✓ insect spray/sunscreen
- ✓ small tarp (optional)
- ✓ headlamp
- ✓ hoodie/sweatshirt
- ✓ money for snacks/food

You will want to pack light as we will be taking all of our gear with us. We generally pack 2 dry packs (backpack size) with our gear. This is a low key, low stress, fun adventure. We will be paddling a total of 12 miles. There are no rapids on this section of the river but there is flow. The last 2 miles, we may encounter wind and can be a strenuous paddle. We will make it together. We are looking forward to going on this adventure with you. Please feel free to reach out with any questions.

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